

Support for victims

New Era works with victims and potential victims of domestic abuse.

Who is the support service for?

Everyone, whether they are:

- Within heterosexual or same sex relationships;
- In need of specialist Lesbian, Gay, Bisexual and Transgender (LGBT) support, and/or Black and Minority Ethnic (BAME) support;
- Young people in abusive relationships and those who have witnessed abuse.

What support is available?

■ One-to-one and tailored support

Individual support from a Domestic Abuse Practitioner (DAP) or an Independent Domestic Violence Advisor (IDVA) to establish any specific needs and risks which help to determine the most appropriate response required. We support an individual's emotional wellbeing, as well as practical matters, such as advocacy with other agencies, providing support at court and advising on housing-related matters.

Group work programmes

- *iMatter* – a 12-part support and recovery programme, normally spread over consecutive weeks, for women who have experienced domestic abuse;
- *WeMatter* – an eight-week support and recovery programme, normally spread over consecutive weeks, for parents experiencing abuse from their dependants;

Services for Children and Young People (CYP)

Specialist support for young people affected by domestic abuse:

- **One-to-one support**
Individual support from a CYP DAP using age appropriate tools and techniques.
- **Group Work Programme:**
 - *CYP Recovery Toolkit* – an eight-part support and recovery programme for children aged 8–16 years affected by domestic abuse.

Prevention and campaigns

A key part of the New Era service is actively taking messages to the wider community, workplaces and schools to raise awareness of what domestic abuse is, the services available and how they can be accessed by victims and perpetrators alike. The overriding message is that domestic abuse should not be tolerated and is everyone's business.

Employers are encouraged to participate in our specialist Workplace Champions scheme. Employees who volunteer to become a Workplace Champion receive specialist training from New Era to enable them to raise awareness of domestic abuse in the workplace and to signpost colleagues to the most appropriate service.



Integrated partner link worker

The New Era teams ensure both parties are supported wherever possible. A dedicated support worker liaises between the services to review risks and arrange specified support.

Early intervention

Support is available to potential victims and perpetrators at risk of abuse occurring within their relationship. For those already within an unhealthy relationship, we aim to intervene as early as possible to reduce the likelihood of harm occurring.

Services for perpetrators

New Era works with anyone who wants to change their abusive behaviour in their relationship.

Who is the service for?

Men, women and young people.

Whether they are:

- Within heterosexual or same sex relationships;
- Young people (aged 16 to 18) in abusive relationships;
- Children (aged 16 and under) displaying abusive behaviour towards others within the family unit.

What support is available?

- **One-to-one support**
Professional assessment and support provided by qualified specialist workers.
- **Group Work Programmes**
 - *Spectrum* – a short-term group work programme of up to 10 sessions. *Spectrum* is a Ministry of Justice designed and approved course to help address abusive behaviours in a relationship. The programme is voluntary.
 - **Building Better Relationships (BBR)**
A longer term intervention of 30 sessions. BBR is recommended for medium to high risk men (only) involving more intense support and risk management. The course aims to encourage participants to acknowledge their behaviour and develop an insight into their own triggers and factors that influence them to help understand the impact that it has on others. BBR helps participants to develop strategies to deal with behaviour and support them to overcome barriers to change.

About New Era

New Era is a new holistic service tackling domestic abuse across Staffordshire and Stoke-on-Trent.

It provides consistent emotional support and practical help for victims, perpetrators, their families, including children, wherever they live and regardless of whether they have reported the abuse or when it happened.

The services available are wide-ranging and tailored to the needs of the individual and the risks to them and others.

The effectiveness of the service is measured regularly to support our aim of ending relationship abuse.



Anyone can become a victim of domestic abuse.

It isn't just about violence and physical assaults, domestic abuse can take many different forms. Coercion, threats, intimidation, isolation, stalking, emotional, sexual or economic control can also be used as a form of abuse within a relationship.

Domestic Abuse is a crime – if you are in any danger please call 999.

New Era services:

Visit our website www.new-era.uk

Support for victims

Helpline [0300 303 3778](tel:03003033778)

Web and Live Chat www.new-era.uk

Email new-era@victimsupport.cjsm.net

New Era support for victims provided by Victim Support.

Services for perpetrators

Helpline [01785 904770](tel:01785904770)

Email new-era@justice.gov.uk

New Era services for perpetrators provided by the Probation Service.

All services are free and confidential

We will only share information without permission if we are worried about a person's safety, or have a safeguarding concern.



Information for Partner Agencies



Website www.new-era.uk

New Era is delivered in partnership by Victim Support and the Probation Service



Across Staffordshire and Stoke-on-Trent