

## How can New Era help?

New Era works with Children and Young People (CYP), aged four to 18 who have experienced or witnessed domestic abuse, regardless of whether the police are involved and no matter how long ago it happened.

The aim is to support children and young people to be:

- safer and less fearful;
- equipped to recognise and avoid risky behaviours;
- less likely to be re-victimised;
- confident and well-supported to positively move on from their victim experience.

There are lots of ways children and young people can get support to cope and recover from the effects of domestic abuse. Our CYP domestic abuse practitioners will assess their current needs and agree which of our services will best suit them as part of their individual support plan.



## Services available

### One-to-one support

We provide one-to-one support sessions for children and young people who have either been in an abusive relationship or exposed to domestic abuse, helping them to cope and recover from the harm caused. CYP domestic abuse practitioners assess risk and tailor support accordingly.

We are committed to working alongside children and young people, involving them in decision making throughout, especially when creating their individual support plans.



## Group work

We offer an early intervention programme designed to help participants develop confidence, self-esteem and an understanding of safety within intimate and close relationships. The programme incorporates a wide range of techniques, tools and activities, designed to cover key aspects, such as the impact of trauma, the importance of self-awareness and education, skills for change and how to stay safe. The programme aims to improve outcomes for all family members.

## Children and Young People Recovery Toolkit

The CYP Recovery Toolkit is an eight-part programme for young people aged eight to 16 who have witnessed or experienced domestic abuse. The main aim of the programme is to help them come to terms with their experiences and develop positive lifestyle and coping strategies.

## Work within schools

New Era is committed to raising awareness and sharing preventative messages within schools – offering support to staff and students alike. We can provide bespoke school intervention sessions linking in with established or stand alone programmes.

## About You & Co

You & Co is our youth programme that helps young people understand the impact and cope with the effects of crime.

Through our programme we ask for feedback from CYP to help us shape and improve our services for young victims of crime, ensuring their wishes and feelings are placed at the centre of what we do.

## Consent and confidentiality

We work with children and young people in a confidential way. We will only share information without their permission if we are worried about their safety, someone else's safety, or have a safeguarding concern.

If information is shared, we will always try to explain why we are passing this on and what happens next.

Sometimes the best way to help might be to engage other agencies. In these cases, we will always ask for permission to share information and arrange any additional services.



## New Era services

Visit our website [www.new-era.uk](http://www.new-era.uk)

## Support for victims

Helpline **0300 303 3778**

Web and Live Chat [www.new-era.uk](http://www.new-era.uk)

Email [new-era@victimsupport.org.uk](mailto:new-era@victimsupport.org.uk)

New Era support for victims provided by Victim Support.

## Services for perpetrators

Helpline **01785 904770**

Email [new-era@justice.gov.uk](mailto:new-era@justice.gov.uk)

New Era services for perpetrators provided by the Probation Service.

**All services are free and confidential**



**Support for children and young people affected by domestic abuse**



Website [www.new-era.uk](http://www.new-era.uk)

New Era is delivered in partnership by Victim Support and the Probation Service



Across Staffordshire and Stoke-on-Trent