Help and Advice

Contact Essex Police -
Dial 999 or 112 for emergencies
Dial 101 for non urgent enquiries
NGT Text Relay: 18001 101

For more information online, visit:
essex.police.uk (search for Hate Crime)
True Vision: report-it.org.uk
Twitter: @StopTheHate

What is Hate Crime?

‘I saw first hand the barriers to reporting that my clients were experiencing. I knew they wanted support and I wanted to help them, but I knew I didn’t have all the tools to do this. The HIRC/Hate Crime Ambassador training gave me the confidence to identify hate crimes/incidents - and, importantly for them, the knowledge of how to take a report and offer my clients the help they needed.’

Reporting Options

If you do not have the confidence to talk to the police, there are different options available including:

Hate Incident Reporting Centres (HIRCs):
Community venues where individuals can be supported to report Hate Crimes and Hate Incidents, either as a victim or a witness. Details of HIRCs in your area can be found on essex.police.uk or on your local council website.

True Vision: Report online to the England and Wales police national reporting site - report-it.org.uk

CrimeStoppers.
Crime Stoppers: Report anonymously by calling 0800 555 111 or by going online to crimestoppers.uk.org

Stop Hate UK: independent, confidential and accessible reporting and support for victims, witnesses and third parties. Call 0800 138 1625 or visit www.stophateuk.org
What is Hate Crime?

Hate Crime is the generic term we use to discuss both Hate Crimes and Hate Incidents. Hate crimes are any crimes perceived by the victim or any other person to be motivated by hostility or prejudice. Hate incidents feel like crimes and often escalate to crimes or tension in a community.

Both can be toward personal characteristics:

- **Race**: including Ethnicity, Nationality, National Origin, Colour, Gypsy, Roma and Traveller Communities
- **Religion or Belief**: including Non-Belief
- **Gender Identity**: including Trans, Non-binary and Gender Fluid
- **Sexual Orientation**: including Gay, Lesbian and Bisexual
- **Disability**: including Learning, Mental Health, Physical and Sensory disabilities

Hate Crime by individuals or groups can take many forms such as:

- Threat of, or actual physical assault
- Verbal abuse
- Intimidating behaviour and harassment including email, online and Social Media
- Damage to property
- Offensive leaflets, posters or graffiti
- Inciting others to commit Hate Crime, including on Social Media platforms

Why should you report it?

Hate Crime in any form is inexcusable.

- Reporting hate can get you the help and support you need
- Essex Police will investigate a crime and look to take positive action against suspects of hate crime.
- Essex Police work with partner agencies to safeguard individuals and groups
- Essex Police will look to ensure that offenders are brought to justice

Reporting makes a difference – to you, your family, your friends and your community.

You can report to Essex Police:

- **Dial**: 999 or 112 for emergencies
- **Dial**: 101 for non-urgent enquiries
- **Deaf or hard-of-hearing**: NGT Text Relay 18001 101 www.ngts.org.uk

What happens next?

- Essex Police will speak to you to establish the details of the incident
- Essex Police will talk you through the options that are available to yourself
- Essex Police will discuss any safeguarding that needs to be arranged
- Essex Police will always be guided by the views and wishes of victims
- The investigation will be concluded once an outcome has been decided

If you have been affected by Hate Crime you could talk to Victim Support:

Victim Support provide practical and emotional support to people affected by crime and traumatic incidents.

- **Dial**: 0808 178 1694 (Essex office open 8am-5pm Monday-Friday)
- **Dial**: 0808 168 9111 (National Support line open 24/7)
- Request support online: www.victimsupport.org.uk/help-and-support/get-help/support-near-you/east-england/essex